



ARTICLE

REAL-WORLD EVIDENCE: UNLOCKING THE FULL POTENTIAL OF MESENCHYMAL STEM CELLS THERAPY

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REAL-WORLD EVIDENCE: UNLOCKING THE FULL POTENTIAL OF MSC THERAPY

Mesenchymal Stem Cells (MSCs) represent one of the most versatile and promising tools in regenerative medicine. Their ability to modulate the immune system, reduce inflammation, and orchestrate tissue repair has led to investigations across a wide spectrum of conditions – from osteoarthritis and autoimmune disease to pioneering neurological applications.

Yet despite this therapeutic promise, clinical adoption of MSCs has been slowed by a critical barrier: evidence.

THE CHALLENGE: EVIDENCE GAPS IN REGENERATIVE MEDICINE

Randomized controlled trials (RCTs) have long been the gold standard for clinical research. They are designed to minimize bias and deliver clear results in highly controlled settings. But for regenerative therapies, especially cell-based interventions, RCTs often fall short.

- Short timeframes limit the ability to capture long-term outcomes in chronic or progressive conditions.
- Strict inclusion criteria mean that many real-world patients – those with comorbidities or complex disease patterns – are excluded.
- High costs make it difficult to run large-scale, long-duration studies necessary to validate MSC durability.

As a result, key questions remain unanswered: Which MSC sources perform best? What dosing regimens deliver sustainable results? How do outcomes differ across patient subgroups?

THE SOLUTION: REAL-WORLD EVIDENCE (RWE)

Real-world evidence, derived from data collected during routine clinical practice, offers a transformative way forward. Unlike RCTs, RWE can:

- Capture outcomes over long time horizons, aligning with the chronic nature of many conditions MSCs target.

- Reflect the diversity of real clinical populations, not just highly selected trial cohorts.
- Provide practical insights into dosing, protocols, and durability that matter in day-to-day practice.
- Regulators, payers, and clinicians alike are increasingly turning to RWE to inform decisions. For regenerative medicine, it is not just complementary to traditional trials – it is essential.

HOW REGENMED CIRCLES ADVANCES MSC EVIDENCE

At RegenMed, we've developed the **Circles platform** to address the unique challenges of MSC research and care. Circles are physician-led, collaborative frameworks designed to generate **validatable, clinically meaningful RWE** with minimal burden on providers and patients.

Key features include:

- **Structured data capture:** Standardized observational protocols ensure clinical depth and comparability.
- **Patient engagement:** Tools like Benchmarc™ integrate patient-reported outcomes into the dataset.
- **Collaboration across sites:** Physicians pool outcomes data, achieving statistical power and generalizability.
- **Physician ownership:** Providers retain control and value from the data they generate.

The result is high-quality, auditable datasets that not only advance clinical understanding but also inform regulators, support reimbursement, and accelerate adoption of MSC therapies.

LOOKING AHEAD

The global MSC market is projected to reach **\$7.2 billion by 2030**, reflecting the immense promise of these therapies. But to fulfill that promise, evidence generation must keep pace with innovation.

By combining physician expertise, patient engagement, and rigorous data frameworks, RegenMed Circles is helping to close the evidence gap.

Together, we can move MSC therapy from potential to practice – and set the standard for how regenerative medicine proves its value in the real world.

Download the White Paper "Circles For Mesenchymal Stem Cell Care And Research", Sept 2025

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